

Lib.

FYBSc IT/SEM II/REG/Foundation of Behavioral Skills

Time: 1 hr.

Marks:30

Note:

1. Draw neat diagrams wherever necessary.
2. Figures to the right indicate full marks.
3. Write any **THREE** questions from the following
4. Each question carry **10 Marks**.

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| Q.1 | Discuss the classification of value education. | [10] |
| Q.2 | Define stress and explain its reasons and effects. | [10] |
| Q.3 | Explain in detail the skills identified by WHO. | [10] |
| Q.4 | Distinguish between Critical Thinking and Creative Thinking. | [10] |
| Q.5 | Explain the term stress diary with an example and also highlight its benefits. | [10] |

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