Nirmala Memorial Foundation College of Commerce and Science

(Autonomous)

Re-accredited by NAAC with B++, ISO 9001-2015 Certified, Recognised under section 2(f) & 12(B) of the UGC Act 1956

Permanently Affiliated to the University of Mumbai,

Syllabus

National Service Scheme

Semester - III

(Programme Code: UGCS02)

As Per New Education Policy (NEP) 2020

(To be implemented from the Academic Year 2025-2026)

Approved in the Academic Council Meeting held on 5Th July, 2025

Vertical – VI

Name of the Course: National Service Scheme (NSS)

Sr. No.	Heading	Particulars
1	**Description the course:**	The **National Service Scheme (NSS)** course is designed to develop students' personality through community service and instill a sense of social responsibility, national integration, and civic awareness in alignment with the National Education Policy (NEP) 2020**.** The course bridges academic learning with real-world application, encouraging students to engage with communities, understand grassroots realities, and contribute actively to social development. Students will participate in various community outreach and social service activities including literacy drives, environmental campaigns, health and sanitation awareness, disaster relief assistance, blood donation camps, and rural development programs. The course fosters a spirit of volunteerism, leadership, and ethical citizenship.
2	**Vertical:**	**Co -curricular**
3	**Type:**	**Theory**
4	**Credits:**	**2 credits**
5	**Hours Allotted:**	**30 Hours**
6	**Marks Allotted:**	**50 Marks**
7	**Course Objectives(CO):** 1. To communicate effectively in both written and oral forms to advocate for social causes. 2. To exhibit empathy and understanding in their interactions with diverse populations. 3. To apply problem-solving and decision-making skills in real-life community settings. 4. To understand social justice principles and be inspired by social reformers to create positive change. **5.** To demonstrate leadership and work collaboratively in teams to solve societal problems.	
8	**Course Outcomes (CO):** **CO1: Understand and articulate the core principles of Social Work**, including social justice, empowerment, human rights, dignity, and respect for individuals.	

	CO2: Demonstrate essential soft skills and life skills relevant to NSS volunteering, such as effective communication, public speaking, empathy, and interpersonal skills. **CO3: Recognize and reflect on the contributions of early Indian social reformers** like Swami Vivekananda, Sant Gadge Baba, Mahatma Jyotiba Phule, Baba Amte, and Sindhutai Sakpal in shaping the foundation of social work in India. **CO4: Apply pedagogical methods** such as lectures, case studies, and assignments to critically engage with theoretical and practical aspects of social work.
9	**Modules:-** **Module 1 (15 hours):** Introduction to Social Work
	Basic Principles of Social Work: Social justice, empowerment, human rights, dignity, and respect for individuals. Skills for NSS volunteers: Soft Skills for NSS Volunteers – Communication skills, Public speaking skills, Body Language, Content writing, Resume writing. Life Skills – Problem solving, Empathy, Coping with emotions, Self- Awareness and Inter personal skills
	Module 2 (15 hours): Early Roots of Social Work in India
	Early Roots of Social Work in India ● Swami Vivekanand ● Sant Gadge Baba ● Mahatma Jyotiba Phule ● Baba Amte ● Sindhutai Sakpal
10	**Text Books** 1. National Service Scheme- Manan Prakashan 2. National Service Scheme- Vipul Prakashan
11	**Reference Books** 1. Fadake G. D., (Sampadak) – Mahatma Fule Samagra Wangmaya. 2. Salunkhe P.B., (Sampadak) – Mahatma Fule Gourav Granth. 3. NarkeHari,(Sampadak) -Mahatma Fule : Shodhachya Navya Wata. 4. Bhosale S. S., (Sampadak) –KrantiSukte: Rajarshi Chhatrapati Shahu 5. Pawar Jaysingrao, (Sampadak) –Rajarshi Shahu Smarak Granth 6. Dr. Babasaheb Ambedkar lekhanaani Bhashanekhand 18, Bhag –1,2,3. 7. Toksale Prajacta –Vyavysaik Samajkarya 8. Dr. V.C. Dande : National Service Scheme Review

	9. Joshi V.N.-Bhartiy Tatvdnyanachabruhad Itihas, Khand10 10. Yadi Indumati –Bharatratna Shendge Dipak (Anuwad) –Madar Teressa. 11. Marathi Vishwakosh, Khanda12. 12. Bhagat R.T. - Swami Vivekanand Te Acharya Vinoba. 13. ThotePurushottam–Samajkaryachi Multatve	
12	**Internal Continuous Assessment: 20 Marks**	**External Assessment: 30 Marks**
13	**Continuous Evaluation through:** Class test of 15 marks Class Participation: 5 marks Total: 20 marks	**External Examination:** **Report on (Any 3):** 1. Organizing free Dental check-up camp 2. Organizing free Eye check-up camp 3. Beach-cleaning drive 4. Participation in Soft Skills Development Seminar 5. Participation in Consumer Rights Seminar and Workshop

Syllabus

National Service Scheme

Semester - IV

Vertical – VI

Name of the Course: National Service Scheme (NSS)

Sr. No.	Heading	Particulars
1	**Description the course:**	The **National Service Scheme (NSS)** course is designed to develop students' personality through community service and instill a sense of social responsibility, national integration, and civic awareness in alignment with the National Education Policy (NEP) 2020**.** The course bridges academic learning with real-world application, encouraging students to engage with communities, understand grassroots realities, and contribute actively to social development. Students will participate in various community outreach and social service activities including literacy drives, environmental campaigns, health and sanitation awareness, disaster relief assistance, blood donation camps, and rural development programs. The course fosters a spirit of volunteerism, leadership, and ethical citizenship.
2	**Vertical:**	**Co-curricular**
3	**Type:**	**Theory & Activity**
4	**Credits:**	**2 credits**
5	**Hours Allotted:**	**30 Hours**
6	**Marks Allotted:**	**50 Marks**
7	**Course Objectives(CO):** 1. **To explore the role of NGOs** in India and their contribution to sectors like education, health, and social welfare through case studies of organizations like **Pratham**, **Teach for India**, and **SEWA**. 2. **To understand the impact of Corporate Social Responsibility (CSR)** in India and how businesses are involved in social welfare programs targeting issues such as education, healthcare, and environmental sustainability. 3. **To analyze key CSR initiatives** by major corporations such as **Tata Group**, **Infosys**, and **Reliance Industries**, evaluating their effectiveness in promoting social change and addressing societal challenges.	

	4. **To identify the challenges faced by NGOs** in India, including funding constraints, government regulations, and operational sustainability, and discuss potential solutions. 5. **To examine the ethical considerations in CSR** programs, including concerns over corporate motivations, accountability, and the authenticity of social contributions made by businesses.
8	**Course Outcomes (CO):** • **CO1: Analyze the role and impact of NGOs and civil society organizations** in addressing contemporary social issues in India, with a focus on case studies such as Pratham, SEWA, and Teach for India. • **CO2: Evaluate the contributions of Corporate Social Responsibility (CSR) and social entrepreneurship** in promoting social welfare and sustainable development. • **CO3: Apply digital and technological tools in social work practice**, including the use of social media for advocacy, tele-counseling, and e-governance platforms. • **CO4: Critically assess the influence of globalization and emerging challenges** such as climate change and migration on the future of social work in India, while understanding the role of professional organizations in shaping ethical and practice standards.
9	**Modules:-** **Module 1 (15 hours): Social Work in Contemporary India** **NGOs and Civil Society**: The growth of NGOs like **Pratham**, **Teach for India**, **SEWA**, and their contribution to social work in India. **Corporate Social Responsibility (CSR)**: The increasing role of businesses in contributing to social welfare through CSR programs. The rise of technology in social work, online platforms for social advocacy, and social entrepreneurship **Module 2 (15 hours): The Future of Social Work:** **Technological Integration:** Digital tools in social work practice, including e-governance, social media advocacy, and tele-counseling. **Globalization:** How global social issues (migration, climate change) affect social work in India. **Professional Growth:** The role of professional organizations in shaping social work standards, ethics, and practices in the future.

10	**Text Books** 1. National Service Scheme- Manan Prakashan 2. National Service Scheme- Vipul Prakashan	
11	**Reference Books** 1. Sharma, R. K. (2006). *Social work in India: An overview*. Mangal Deep Publications. 2. Nair, T. K. (2003). *Indian social work: Themes and perspectives*. Rawat Publications. 3. Sethi, H. K. (2008). *Social work: An integrated approach*. Rajat Publications. 4. Sharma, A. K. (2012). *History of social work in India*. Regal Publications. 5. **Bhaduri, A. (2014).** *Social work in India: The journey and evolution*. Sarup Book Publishers. 6. **Srinivas, M. N. (1996).** *Social change in modern India*. University of Chicago Press. 7. **Chopra, R. (2011).** *Social welfare and social work in India: A critical perspective*. Deep & Deep Publications. 8. **Ghosh, R. (2000).** *Social work education in India: A historical perspective*. National Association of Professional Social Workers in India.	
12	**Internal Continuous Assessment: 20 Marks**	**External Assessment: 30 Marks**
13	**Continuous Evaluation through:** Class test of 15 marks Class Participation: 5 marks Total: 20 marks	Case Study- Analyze the Role of NGOs in Addressing Social Issues in India: A Case Study of [NGO Name]. A visit to the NGO is a must.