NMFC/DEP- 314/JAN 2026   Date: 4ᵗʰ January 2026

Department of Computer Science

Notice

F.Y.B.Sc. Computer Science – Semester II (AY 2025-26)

Yoga Session under Fitness and Sports II Curriculum

Students of F.Y. B.Sc.(Computer Science) are hereby informed that the Department of B.Sc. (Computer Science) is organizing a Yoga Session as part of the Fitness and Sports II curriculum in the Main Auditorium.

Session Details:

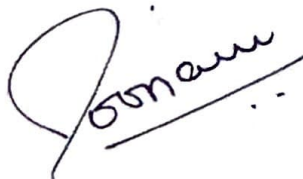| Date	Time
12ᵗʰ January and 13ᵗʰ January 2026	10:00 am to 11:00 am

Objectives:

- The session carries 15 marks as an external assessment component.
- Students are required to submit the participation certificate along with two geo-tagged photographs.
- To promote physical fitness and mental well-being among students.
- To encourage the regular practice of Yoga for stress management and improved concentration.
- To create awareness about the importance of Yoga in maintaining a healthy lifestyle.

NOTE:

- Attendance is mandatory.
- Students are required to report on time and wear proper, comfortable attire suitable for Yoga practice.

Dr. Bhakti Chaudhari   Dr. Poonam Kakkad   Dr. Swiddle D'cunha
(Co-ordinator)   (Vice-Principal)   (I/C Principal)